



# Miss Dianna's School of Dance, Inc

## Class Schedule July 8<sup>th</sup> - August 15<sup>th</sup>, 2019



**\$10 off any  
Dance Camp**  
When you bring a friend!

### Combination Classes for Children

Our one-hour combination classes are focused on giving your dancer a strong base in tap, ballet, & acrobats. 1-hour class

#### Tuesdays

5:30pm 6-11 year old Combination Class-6 weeks, \$70  
6:00pm 3-5 year old Combination Class-6 weeks, \$70

#### Wednesday

10:00am 3-5 year old Combination Class-6 weeks, \$70  
5:30pm 3-5 year old Combo Class-6 weeks, \$70

### All Boys Combination Class

Taught by Alex, these classes are full of energy, fun, and structure. This hour long class does Tap, Hip Hop, & Acrobats. \$70 for the 6 week session

Wednesday 5:30pm Boys Combination Class

### Transition to Competition (ages 7 and up)

The 60 minute dance class covers 3 major styles of dance: Tap, Jazz, & Ballet. Dance Class is followed by a 30 min acrobat class to work flexibility, balance, and tumbling skills. These classes take more focus and are geared toward the intermediate to advanced dancer who is planning to be a part of our Performance Team. 90 minute class, \$100 for the 6 week session

Tuesdays 6:30-8:00pm Transition to Comp Class

### Mommy & Me Dance & Tumbling Classes

This is a fun dance & tumbling class for both mom and child! Daddy, Grandma and any other partners are welcome to bring in their tiny dancer. As soon as your child is walking they can start dancing with music, stretching, and tumbling. 30 minute class, once a week, 6 week session \$50

Tuesdays 6:30pm Mom & Me

Wednesdays 9:30am Mom & Me

### Additional Youth Classes (Age 6+)

Fun classes to add variety to your dancer's week!

1 class \$65/ 6 weeks, 2 classes \$90 /6 wks, 3 classes \$115 /6 wks

#### Tuesdays

5:45-6:30pm **Pointe/Pre-Pointe** (Marisa)

6:30-7:00pm **Hip Hop** (Alex)

8:00-8:45pm **All level Acrobats** (Alex)

#### Wednesdays

8:00-8:45pm **All Level Acrobats** (Alex)

### Technique & Conditioning (Ages 6+) Conditioning Class will

focus on strengthening the muscles needed to dance. This is a great addition to **Technique** which is a quick moving class will work Tap, Ballet & Jazz Technique. Together these classes are meant to keep our dancers sharp during the "off-season". 2.75 hours per week, 6 weeks, \$120

Tuesday 7:00-7:45pm **Conditioning**

Wednesday 6:00-8:00pm **Technique**

**\*Technique & Tumble Deal \$175 per dancer/session**

**\*\*NOTE\*\*Performance Team members (new and returning) need to be enrolled in Dance Camp and/or Summer Technique**

### Nutrition & Cooking for Athletic Families with Miss Marisa

A fun, hands-on class to teach athletic families what to stock in your pantry, freezer, and fridge. You'll have exactly what you need to whip up tasty healthy meals and snacks in a flash. Each class we will make and taste a recipe you will be excited to eat with your family. 45 min class, \$75 for the 6 week session

Tuesday 4:45-5:30pm (parents welcome)

### Private Lessons

MDSOD offers dance, acrobats, guitar, drums, piano, and vocal private lessons. These 30 minute classes are scheduled to fit both the student and teacher's schedule. Solo \$65per month, Duet/Trio \$50per month

### SUMMER DANCE CAMPS

#### **Beginning/Intermediate Half-day Dance Camp 9am-12pm**

For our younger students, ages 4 through 10, we are offering a half-day camp from 9am to 12pm. This mini-camp is perfect for the young dancer ready for some new challenges. Students will get to do tap, jazz, ballet, acrobats, & crafts all while making new summer friends! At the end of camp we will do a showcase of what they learned during the week. Each dancer will get a Summer Dance Camp t-shirt for the showcase and to wear all year long ☺

Students should be dressed in free-moving clothing (no denim), socks and a clean pair of tennis shoes. If your student has leotards and dance shoes please wear these, but they are not required.

#### **Dance, Acrobats, Snacks, & T-shirt \$95 per camp or \$175 both camps**

1<sup>st</sup> Camp: July 8<sup>th</sup> - 11<sup>th</sup> (Monday-Thursday)

2<sup>nd</sup> Camp: August 5<sup>th</sup> - 8<sup>th</sup> (Monday- Thursday)

#### **Advanced Full Day Dance Camp**

**9am-5pm**

This is our advanced version for dancers ages 7 and older that are serious about dance. Younger dancers may be ready for this camp, but should have a teacher recommendation. Dancers who have had experience with full year classes will really enjoy the pace of this workshop. The camp will push your dancer's technique to get ready for competition, dance team, and musicals. Dancers will get to learn various dance styles such as: Hip Hop, Contemporary, Jazz, Ballet, Tap and Tumbling as well as choreographed pieces they will get to perform at the Parent Showcase on Friday. Throughout the week the dancers will also be doing crafts & building friendships. Each dancer will receive a camp shirt for their performance at the Friends & Family Showcase on the last day of camp. Solo scheduling will immediately follow showcase.

#### **Dance, Tumbling, Snacks, Crafts, Lunch, Showcase & T-shirt \$225camp**

July 22<sup>nd</sup>-26<sup>th</sup> (Monday-Friday)

### Classes for Adults (Age 18+)

Whether you are an experienced dancer or someone who has never stepped foot on a dance floor, we have classes for you. Take a little "Me Time" and have some fun with us!

**Tap**-Working up a sweat while working out tap rhythms. Great workout for the mind and body!

Wednesdays 6:30-7:15pm Beginning Tap (Dianna) 6 weeks \$75

7:15-8:00pm Int/Advanced Tap (Dianna) 6 weeks \$75

#### **Stretch & Strength**- Elongate and strengthen in this core focused class

Wednesday 8:00-8:45pm Stretch & Strength (Dianna) 6 weeks \$75

**Underground**- Come get your sweat on! A quick stretch and then we will dance the time away! Tuesday 7:45-8:30pm Adult Underground (Marisa) 6 weeks \$75

**Hip Hop** - Learn fun and energetic choreography with Alex. Bring clean tennis shoes or jazz shoes. Wednesday 6:30-7pm Hip Hop (Alex) 6 weeks \$75

#### **6 week Class Pass with Dianna & Marisa:**

**2 classes \$125, 3 classes \$175, 4 classes \$225**

**Sunrise Ballet with Miss Erin**- A Ballet focused class including stretching, barre, & centre work designed to increase flexibility and strength. 1 hour class.

Saturday 9:00-10:30am Sunrise Ballet (Erin) \$70/mo

**Social Ballroom with John Peleggi**- Spend your Sunday evening learning ballroom movement to current music. Social Ballroom will get you ready for a special event or a fun night out. Singles \$80 per month, Couples \$120 per month  
Sunday 6:30-8:00pm Social Ballroom (John)

We hope you have found everything you were looking for! If you would like to enroll or have any questions, please contact us at:

We can't wait to teach you!

Miss Dianna, Miss Marisa, Mr. Alex & the MDSOD Staff

\*All Classes are pending enrollment.\*

**To save a spot for your dancer, call 816-436-9480**

**or E-mail [Info@missdiannas.com](mailto:Info@missdiannas.com)**

**Visit our website [MissDiannas.com](http://MissDiannas.com)**

